



COGNITIVE CHANGE AND NEWPORT ACADEMY PRESENT

Parent Academy

A series of fun and informative workshops for parents and educators, featuring expert speakers on teen mental health and adolescent development— from technology and substance use to sexuality and socializing.

THURSDAY, MARCH 11 • 7:00–8:00 PM ET

“Parenting through the Pandemic”

Speakers: Kellie Kucinski, LSW, MSW, Clinical Outreach Specialist, Newport Healthcare and Ellie Fuentes, MA, LCADC, LAC, NCC, Clinical Change

[Click here to RSVP](#)

A Presentation for Morris County Families

This parent webinar provides guidance to parents on identifying mental health symptoms, how to best support and foster resiliency, motivating your child and helping them find balance.



Kellie Kucinski holds a Master’s of Social Work from New York University and is a Licensed Social Worker in New Jersey. Kellie is also a therapist at Cognitive Change in Florham Park, NJ and specializes in working with teens and families struggling with primary mental health concerns.



Ellie Fuentes is mental health coordinator for Morris County Juvenile Facilities as well as a private practice therapist at Cognitive Change in Florham Park, NJ. She holds a Masters in Clinical Mental Health Counseling from Fairleigh Dickinson University and is a Licensed Clinical Alcohol and Drug Counsel and a Licensed Associate Counselor in the state of New Jersey. Ellie has been training in adolescent TEAM CBT, which has provided her a great edge when it comes to connecting to teens who might not be a huge fan of therapy. She has a long history specializing in adolescents who are struggling with delinquency and primary mental health concerns.



RSVP by March 10 to Kellie Kucinski

973-713-5843 or kellie.kucinski@newportacademy.com